



## Black Infant Health Program Success Story

The work we are doing is truly making a difference. In early July, a pregnant mother receiving services through our Black Infant Health program gave birth to a beautiful baby girl! Although she is at home and healthy now, the road to her delivery was not an easy one.

The mother was having some difficulty during her pregnancy. During the last trimester, she had complications that required the baby to come seven weeks early. In addition to having to deliver early, she was also facing the stress of COVID-19 restrictions in the hospital. Upon admittance, she quickly had to say goodbye to her family to start her hospital stay and was without family support during the delivery because hospital COVID-19 policy prevented her husband from being in the delivery room.

In such a difficult and unknown time, she was relieved her daughter was born safe and healthy. Due to the early delivery, she experienced a short stay in the NICU, and the mother was thankful that she could sit by her newborn and watch her improve until she was able to go home.

The mother joined the Black Infant Health program shortly after she found out she was pregnant and has remained an engaged member since. Throughout her time in the program, we have been able to mentor her on prenatal & postpartum health, how to plan and achieve personal goals, and provide advocacy in areas needed. While she is a long-time mom with other children, she expressed joy for the education and confidence our program has allowed her to gain for another pregnancy.

